



2018 NHRU SECONDARY SCHOOLS RUGBY COMPETITION FORMATS AND PLAYING DATES

Secondary School Girls

Teams

Birkenhead College
Westlake Girls HS
Kaipara College
Long Bay College
Mahurangi College
Massey High School
Northcote College
Orewa College
Rangitoto College
Vanguard/Albany Junior High School

The Secondary School Girls Grade has **10** teams entered. All games will be played on Mondays.

- *Competition start date – 14th May.*
- *Game time – 4.00pm (unless indicated differently on the draw).*
- *Teams will play a Round 1 competition of 9 weeks.*
- *Finals (1v2) may be played on Thursday 16th August prior to the 1st XV 1A Final and Mitre 10 Cup game at QBE Stadium – to be confirmed and advised.*
- *NO Play Dates – 3rd June, 9th and 16 July School Holidays.*

Playing Dates for Secondary School Girls

Week 1	14 May	Round Commences
	21 May	Centralised Skill Clinic – all welcome
Week 2	28 May	
	4 June	NO PLAY Queens Birthday
Week 3	11 June	
	18 June	Centralised Skill Clinic – all welcome
Week 4	25 June	
Week 5	2 July	
	9 July	NO PLAY School Holidays
	16 July	NO PLAY School Holidays
Week 6	23 July	<i>Note: play first Monday back following school holidays</i>
Week 7	30 July	
Week 8	6 August	
Week 9	13 August	
Week 10	16 August Date TBC	Final (1v2)

Grade Format

- a. Competition is 10-aside
- b. Games 40 minutes - 4 lots of 10 minutes
10 minutes-1 minute break-10 minutes-5 minute half-time break-10 minutes-1 minute break-10 minutes
- c. Maximum of 15 players
- d. All players must get two quarters of play
- e. Substitutions only to be made in break periods
- f. No contested scrums – 5 forwards, 5 backs
- g. Forwards must stay bound until the ball is out of the scrum
- h. NO Defaults – all teams to contact opposition team if they are short of players. A game will go ahead regardless of player numbers.